

海寶大酒樓

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京

BEIJING

川

SICHUAN

粵

GUANGDON

菜譜

MENU

外賣盒每個一英鎊  
 每茶位收取五十便士  
 凍醬汁每碟五十便士

(咕嚕汁、辣椒醬、辣椒油、梅子醬、海鮮醬、喼汁、薑蓉及芥辣等)

All price include VAT Prices may vary

所有菜譜圖片只供參考。

# 羹湯

Soup per person

所有菜餚圖片只供參考。



**翡翠海皇羹 (每位)**  
**£6.80** (per head)  
 Jade diced seafood soup



**瑤柱鴨絲羹 (每位)**  
**£6.00** (per head)  
 Sundried scallops and  
 shredded duck soup



**粟米魚肚羹 (每位)**  
**£6.80** (per head)  
 Fish maw and sweet  
 corn soup



**西湖牛肉羹 (每位)**  
**£6.00** (per head)  
 West Lake beef  
 thick soup



**正宗海鮮酸辣湯 (每位)**  
**£6.50** (per head)  
 Hot & sour seafood soup



**金菇四寶羹 (每位)**  
**£6.00** (per head)  
 Four treasures mushroom,  
 shredded duck and  
 winter melon soup



**紅燒海鮮翅 (每位)**  
**£17.50** (per head)  
 Diced seafood  
 shark's fin soup



**紅燒雞絲翅 (每位)**  
**£16.50** (per head)  
 Shredded chicken  
 shark's fin soup



**紅燒蟹肉翅 (每位)**  
**£17.50** (per head)  
 White crab meat  
 shark's fin soup

# 海鮮

Seafood Dishes

所有菜餚圖片只供參考。



**薑蔥焗龍蝦** Seasonal price 時價  
Baked lobster with spring onion & ginger

- 時菜扒鮑魚甫**  
Braised sliced abalone with seasonal vegetables .....£98.00
- 鮮荔芋帶子盒**  
Scallops wrapped with crispy fried taro parcels .....£20.80
- 瑤柱海味扒竹笙**  
Braised dried scallops and seafood with bamboo fungus.....£19.50
- 椒鹽百花釀鮮魷**  
Minced prawns stuffed squid tossed with salt & pepper .....£20.50
- 中國菜心炒帶子 或 中國芥蘭炒帶子**  
Stir fried fresh scallops with (choi sum or kai-lan imported from China) .£26.00
- 海寶一品煲**  
Ocean Treasure seafood special clay pot.....£23.80



**原籠糯米蒸蟹** £20.80  
Steamed crab with garlic and glutinous rice in bamboo steamer



**避風塘三寶 (軟殼蟹、大蝦及生蠔)** £23.80  
Harbour shelter style deep fried three treasures (Soft shell crab, king prawns and oysters)

# 海鮮

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**避風塘炒軟殼蟹 (五只) £23.80**  
Harbour shelter style fried spicy soft shell crab



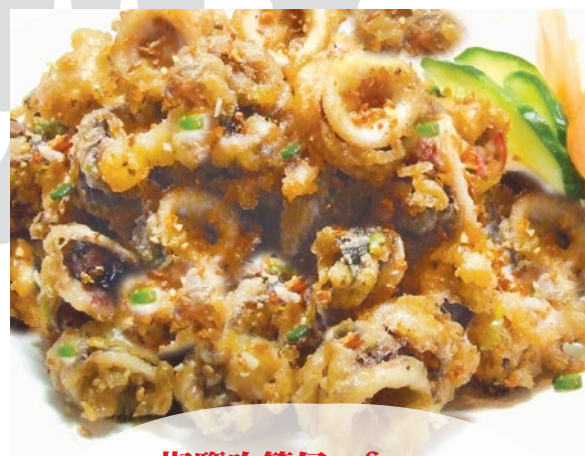
**三鮮琵琶豆腐 £17.00**  
Deep fried beancurd stuffed with diced seafood cooked with broccoli in clear sauce



**魚村粉絲雜菜煲 £19.50**  
Village style cooked with Chinese mushroom, minced king prawns, sundried shrimps and vegetables with vermicelli clay pot



**豉汁帶子豆腐 £19.00**  
Steamed beancurd and scallops with blackbean sauce



**椒鹽吹筒仔 £17.50**  
Salt & pepper baby squid



**大良蝦球帶子炒鮮奶 £21.80**

Quick stir fried fresh milk with king prawns and scallops



**泰皇咖喱海鮮煲 £23.50**

Thailand King curry recipe seafood clay pot

**三鮮扒玉子豆腐 (蛋豆腐)**

Braised diced seafood with egg tofu..... £18.00

**雪菜蝦段肉鬆豆腐煲**

Preserved leaves, prawns and minced pork with beancurd clay pot.. £16.00

**XO醬荷豆炒雙脆**

Stir fried prawns and squid with mangetout in XO sauce ..... £17.00

**中國菜心炒鮮魷 或 中國芥蘭炒鮮魷**

Stir fried squid with (choi sum or kai-lan imported from China) ..... £25.00

**酥炸鮮魷**

Deep fried fresh squid..... £16.80

**潮式煎蠔餅**

Chaozhou style pan fried oysters omelette with chopped chives and spring onion ..... £17.80

**蜜餞黑椒生蠔煲**

Oysters with black pepper clay pot..... £18.80

**避風塘炒生蠔**

Harbour shelter style stir fried oysters ..... £18.80



所有菜餚圖片只供參考。

**蒜香生蠔煲 £19.50**

Deep fried oysters with crushed garlic clay pot

# 大蝦

King Prawns Dishes



**金絲奶油大蝦 (十只) £25.50**  
Deep fried shell-on king prawns coated in fried egg batter



**金銀蒜蒸開邊蝦 (十只) £24.50**  
Open sliced steamed king prawns with fresh crushed garlic

**黃金焗蝦碌 (十只)**

Deep fried shell-on king prawns coated with salted egg yolk ..... £25.50

**椒鹽大蝦碌 (十只)**

Salt & pepper shell-on king prawns..... £24.50

**豉汁煎釀三寶 (釀蝦膠餡) (甜青椒、豆腐及茄子)**

Three treasure stuffed with minced prawns in blackbean sauce (green pepper, beancurd and aubergine) ..... £19.00

**百花煎釀豆腐 (釀蝦膠餡)**

Shallow fried beancurd stuffed with minced prawns ..... £18.50

**乾煎釀辣椒 (釀蝦膠餡)**

Shallow fried chilli peppers stuffed with minced prawns ..... £18.80



**龍頭鳳尾蝦 (八只)**

**£25.50**

Stir fried king prawns coated in Cantonese sauce (or salt & pepper) and peeled king prawns wrapped in mashed taro and deep fried

所有菜餚圖片只供參考。



**薑蔥蒸多寶魚** Seasonal price 時價  
Steamed turbot with spring onion and ginger in light soya dressing



**金華玉樹班球** £23.50  
Steamed grouper fish pieces with sliced Chinese ham, Chinese mushroom and vegetables

**脆炸椒鹽鱈片**  
Crispy salt & pepper sliced eel.....seasonal price 時價

**煎封鱸魚**  
Pan fried seabass served in soya sauce..... £23.80

**油鹽水浸鱸魚**  
Soaked seabass cooked with light oil and salt water ..... £24.50

**金銀蒜班球蒸茄子**  
Steamed grouper fillet and aubergine with dried and fresh garlic .... £19.80

**紅燒豆腐班腩煲**  
Sliced grouper's belly, with roasted belly pork and beancurd clay pot.. £19.80

**XO醬時蔬炒班球**  
Stir fried grouper fillet with seasonal vegetables in xo sauce..... £24.50

**黑椒茄子魚塊煲**  
Fish fillet and aubergine with black pepper clay pot..... £16.00

**鹹魚怡香茄子煲**  
Aubergine with diced salted fish clay pot..... £16.00



**家鄉釀涼瓜(釀豬肉蝦餡)** £18.50  
Village style bitter melon stuffed with minced prawns and pork



**豉汁蒸鱈** Seasonal price 時價  
Steamed chopped eel with blackbean sauce

# 魚類

Fish Dishes

所有菜餚圖片只供參考。



# 豬肉

Pork Dishes

所有菜餚圖片只供參考。



**錫燒豬扒** £16.00  
Pork chops with sesame seeds foil grilled



**沙拉豬扒** £16.00  
Pork chops with salad cream

- 椒鹽百花釀大腸 (釀蝦膠餡)**  
Salt & pepper pig's intestines stuffed with minced prawns ..... £19.50
- 鹹魚煎肉餅**  
Pan fried minced pork with diced salted fish ..... £17.80
- 香芋扣肉煲**  
Sliced belly pork and taro clay pot ..... £17.00
- 椒鹽豬扒**  
Salt & pepper pork chops ..... £16.00
- 千島汁豬扒**  
Pork chops with thousand island dressing ..... £16.00
- 梅菜蒸肉餅**  
Minced pork steamed with preserved mustard leaves ..... £16.00
- 生炒排骨**  
Sweet & sour bite size spare ribs ..... £14.50
- 麻婆豆腐**  
Mrs Spotty's recipe of spicy tofu with minced pork ..... £14.80
- 酥炸大腸**  
Deep fried crispy pig's intestines ..... £16.80
- 家鄉炊釀豆腐 (釀豬肉蝦餡)**  
Village style baked minced prawns and pork stuffed beancurd ..... £16.80
- 宮廷醬烤海山骨**  
Dynasty style baked pork ribs ..... £16.50



**脆炸香茅豬扒** £16.00  
Crispy fried pork chops marinated with lemon grass







**清湯牛坑腩** £17.50  
 Braised sliced beef brisket cook with chillies and coriander in high stock

**豉汁涼瓜炒肥牛肉**  
 Stir fried marble beef and bitter melon with blackbean sauce.....£18.80

**沙爹粉絲肥牛煲**  
 Marble beef satay with vermicelli clay pot.....£17.50



**枝竹柱侯牛腩煲** £17.50  
 Beef brisket and dried beancurd with chu-how sauce clay pot



**油鹽水粉絲肥牛** £17.50  
 Poached marble beef with vermicelli

牛肉  
 Beef Dishes

所有菜餚圖片只供參考。



# 鴨類

Duck Dishes

所有菜餚圖片只供參考。

- 蠔皇鮑甫扒鴨掌**  
Braised sliced abalone and duck feet with oyster sauce ..... £85.00
- 北菇生筋鴨掌煲**  
Duck feet and strong flour dough with Chinese mushroom clay pot £17.00
- 荔茸香酥鴨**  
Crispy duck wrapped in minced taro and deep fried ..... £20.50
- 三菇扒鴨掌**  
Braised duck feet with three types of mushrooms ..... £15.50
- 蠔王鴨掌靈芝菇**  
Braised duck feet and bailing mushroom with oyster sauce..... £15.50



**千歲豆腐** £15.00  
Steamed tofu with sliced preserved duck eggs and sliced salted duck eggs



**北菇海參扒鴨掌** £42.00  
Braised sliced sea cucumber with duck feet and mushrooms

# 家禽

Poultry Dishes

- 椒鹽田雞腿**  
Salt & pepper frog legs ..... £16.00
- XO醬生筋田雞腿煲**  
Braised frog legs and strong flour dough with xo sauce clay pot ..... £16.50
- 鹹魚雞粒豆腐煲**  
Diced chicken and salted fish beancurd clay pot ..... £14.80
- 椒鹽脆雞翼**  
Salt & pepper crispy chicken wings ..... £11.00



**海蜇手撕雞 (一只雞) (需要預訂)** £38.80  
Whole shredded chicken with marinated jelly fish (pre-order only)





**奶香南瓜香芋煲** £15.00  
 Braised sliced pumpkin, taro  
 cook with milk and butter clay pot



**少林玉子素菜 (蛋豆腐)** £17.50  
 Sliced egg beancurd and Chinese  
 mushroom with vegetables



**什菌上湯時蔬 (素)** £16.50  
 Soaked assorted mushrooms with  
 seasonal vegetables in high stock (V)

# 素菜類

Vegetarian Dishes

所有菜餚圖片只供參考。

**靈芝菇扒上素豆腐 (素)**  
 House special braised bailing mushroom and beancurd (V)..... £15.80

**靈芝菇扒竹筍 (素)**  
 Braised bailing mushroom and bamboo fungus (V)..... £17.80

**椒鹽玉子豆腐 (蛋豆腐)**  
 Shallow fried salt & pepper egg beancurd ..... £15.50



**洋水芹香 (素)** £14.00  
 Stir fried sliced lotus root with  
 water chestnuts, mangetout,  
 celery, carrot and black fungus (V)



**三菇扒生筋 (素)** £15.80  
 Braised strong flour dough with  
 three types of mushrooms (V)



# 蔬菜

Vegetable Dishes

所有菜餚圖片只供參考。



**蒜蓉炒中國芥蘭** £18.00  
Stir fried kai-lan with crushed garlic



**蒜蓉炒中國菜心** £18.00  
Stir fried choi sum with crushed garlic

## 蒜蓉炒露筍

Stir fried asparagus with crushed garlic ..... £15.00

## 馬拉盞 / 腐乳炒通菜

Stir fried tong choi with balacun / fermented beancurd ..... £17.80

## 金銀蛋浸菠菜 或 白菜

Preserved egg and salted egg soaked spinach or pak choi ..... £16.00

## 上湯蒜子肉鬆浸時菜

Minced pork with seasonal vegetables and garlic soaked in high stock ..... £15.80

## 瑤柱蝦乾上湯浸中國時蔬

Dried scallops, shrimps and seasonal vegetables (imported from China) soaked in high stock ..... £23.80

## 瑤柱扒中國荳苗

Stir fried young mangetout buds (imported from China) with sundried scallops ..... £25.80

## 蟹肉扒中國荳苗

Stir fried young mangetout buds (imported from China) with crab meat. £25.80



# 滷水

Seasoning Dishes



## 馳名貴妃雞

Prestige chicken cooked with rose wine and Chinese herbs

每只 Whole £23.00      半只 Half £13.00



## 玫瑰豉油雞

Rose soya sauce chicken

每只 Whole £21.00      半只 Half £12.00

## 滷水墨魚

Lo-shiu soya sauce and herbs marinade cuttlefish ..... £16.00



**脆皮燒肉** £14.50  
Roasted belly pork



**片皮鴨** 每只 Whole £36.00 半只 Half £23.00  
Sliced glazed roast duck served with spring onion, hoi-sin sauce & pancakes

**燒味拼海蜆**

Roasties platter with jelly fish .....£33.50

**海蜆燻蹄**

每份 Portion

Sliced pig shank and shedded jelly fish .....£18.50

**淨海蜆**

Shredded jelly fish.....£15.50

**白雲鳳爪**

Marinated chicken feet with garlic & chilli dips.....£10.50

**掛爐燒鴨**

每只 Whole 半只 Half

Roasted duck Hong Kong style.....£31.00.....£16.50

**琵琶鴨**

Spatchcock roasted duck (Pei Pa Duck).....£33.00

**蜜汁叉燒**

Honey roast pork (Char-siu).....£14.50

**蜜汁三燒**

Three roasties .....£16.50

**蜜汁二燒**

Two roasties.....£15.50

**燒臘**

Roasties Dishes

所有菜餚圖片只供參考。



(只限星期日、星期一及星期二供應)  
(Available Every Sundays, Mondays & Tuesdays)

**紅燒乳豬**

原只堂食 原只外賣 半只堂食

Roast suckling pig .....£195.00.....£185.00.....£130.00

**化皮乳豬**

每份 Portion

Roast suckling pig platter.....£29.00



**糖醋脆皮魚 (每條)**

**£27.50**

**Sweet & sour whole crispy fish**

(Beijing version of the popular Hong Kong style sweet & sour)

Beijing & Sichuan Dishes

# 京川菜麵食

所有菜餚圖片只供參考。



**魚香肉絲**

**£15.50**

**Stir fried shredded pork with black fungus and sliced chillies**



**麻辣水煮牛肉**

**£16.00**

**Spicy hot posached beef fillet with Chinese leaves**





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**糖醋麻仁排骨** £15.50  
Sweet vinegar spare ribs with sesame seeds

**麻辣水煮去骨鱸魚 (每條)**  
Spicy hot poached de-boned whole sea bass .....£27.50

**京味爆羊肉**  
Beijing style hot wok lamb .....£16.50

**正宗四川麻婆豆腐**  
Authentic Sichuan Mrs Spotty's recipe spicy beancurd .....£15.00

**四川擔擔麵**  
Sichuan spicy dan dan noodles .....£16.50

**京味燒茄子**  
Beijing style braised aubergine .....£12.00

**北京餃子 (大白菜豬肉餃子 或 韭菜豬肉餃子) (十只)**  
Beijing style dumplings (Pak choi and minced pork dumplings or  
minced pork and chives dumplings) (10 pieces).....£11.00



**四川辣子雞** £15.50  
Sichuan style spicy hot diced spring chicken

# 四川菜推介

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Sichuan Dishes Recommended



**香辣蝦球** £18.00  
Stir fried king prawns with chillies



**貴州香辣雞** £15.50  
Guizhou style dry fried sliced chicken with chillies



**龍鳳相會** £18.50  
Stir fried spiced king prawns and sliced chicken



**青韭肉絲豆乾** £15.50  
Stir fried shredded pork with sliced dried tofu and chives



**大千子雞** £15.50  
Painter Daqian style stir fried sliced chicken with chillies





**老乾媽炒羊肉** £17.50  
Stir fried sliced mutton in  
Laoganma chilli sauce



**金粒魚米** £20.80  
Stir fried diced fish and  
sweet corn



**宮保雞丁** £15.80  
Gongbao diced chicken with  
peanuts and dried chillies



**沙煲酸菜鱸魚** £29.50  
Sea bass with preserved pickled vegetables casserole

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# 粉麵飯

Noodles, Rice Sticks & Rice

<b>三鮮湯伊麵 (一鍋)</b>	
Seafood light e-noodles in soup .....	£20.00
<b>三燒湯伊麵 (一鍋)</b>	
Three roasties light e-noodles in soup .....	£18.90
<b>蟹肉湯伊麵 (一鍋)</b>	
Crab meat light e-noodles in soup .....	£20.00
<b>雪菜火鴨絲湯米 (一鍋 £17.80)</b>	
Shredded roast duck with preserved vegetables vermicelli in soup .....	£14.80
<b>香茜皮蛋班球湯米</b>	
Sliced grouper, preserved duck egg and coriander with vermicelli in soup	£19.50
<b>香芹墨魚條炆鴛鴦米</b>	
Duo style sliced cuttlefish pieces and celery with vermicelli.....	£17.50
<b>金菇雞粒炆伊麵</b>	
Stewed mushroom and diced chicken with light e-noodles.....	£17.00
<b>金菇瑤柱炆伊麵</b>	
Stewed mushroom and sundried scallops with light e-noodles .....	£17.80
<b>金菇墨魚餅炆伊麵</b>	
Stewed mushroom and cuttlefish pieces with light e-noodles.....	£19.50
<b>芝士牛油海王燴烏冬</b>	
Seafood, melted cheese and butter with udon noodles .....	£17.00
<b>XO 醬乾炒三鮮烏冬</b>	
Pan fried seafood udon noodles with XO sauce.....	£17.00
<b>黑椒牛柳絲炆烏冬</b>	
Braised shredded beef fillet with black pepper udon noodles .....	£16.00
<b>日式炒烏冬</b>	
Japanese style fried udon noodles .....	£16.00
<b>雜錦海鮮炒麵</b>	
Stir fried assorted seafood noodles .....	£17.50
<b>柱侯牛腩炒麵</b>	
Beef brisket fried noodles with chu-how sauce.....	£15.50
<b>豉油王中國芥蘭炒軟麵</b>	
Fried soft noodles and kai-lan (imported from China) with supreme soya sauce	£13.00
<b>豉油王炒軟麵</b>	
Fried soft noodles with supreme soya sauce .....	£9.50
<b>肉絲炒麵</b>	
Shredded pork fried noodles.....	£13.80
<b>泰皇海鮮飯</b>	
Thailand King recipe seafood with boiled rice.....	£18.00
<b>紅燒班腩飯</b>	
Grouper pieces and roasted belly pork served with boiled rice.....	£18.00
<b>時菜蝦球飯</b>	
King prawns and seasonal vegetables served with boiled rice .....	£16.50
<b>時菜三鮮飯</b>	
Seafood and seasonal vegetables served with boiled rice .....	£17.00
<b>馬來西亞炒飯</b>	
Malaysian style fried rice .....	£15.50
<b>豪門闊少炒飯</b>	
Prestige assorted fried rice .....	£17.80
<b>鴛鴦炒飯</b>	
Duo style fried rice.....	£17.50
<b>福建炒飯</b>	
Assorted seafood fried rice.....	£16.80



**金銀蛋蒜香海王炒飯**

Seafood, egg yolk and crushed garlic fried rice ..... £18.00

**漁港瑤柱炒飯**

Fishing harbour style sundried scallops fried rice ..... £17.80

**瑤柱金銀蛋炒飯**

Sundried scallops fried rice with salted duck egg yolk & egg yolk..... £15.80

**鹹魚雞粒炒飯**

Diced chicken and salted fish fried rice ..... £14.80

**荔芋鴨粒炒飯**

Diced duck meat & taro fried rice ..... £14.50

**豉汁排骨飯**

Diced spare ribs in blackbean sauce served with boiled rice ..... £15.00

**印尼炒河粉**

Indonesian style fried rice sticks..... £15.80

**沙爹鮮魷牛肉炒河粉**

Stir fried beef, squid, rice sticks with satay sauce..... £16.80

**乾炒牛河**

Sliced beef fried rice sticks ..... £14.00

**星洲炒米**

Singapore style fried vermicelli ..... £15.50

**揚州炒飯**

Yeung Chow fried rice ..... £14.00

**XO 醬乾炒三鮮擔擔麵**

Stir fried seafood dan dan noodles with xo sauce..... £17.00

**招牌 (炒河粉 / 炒麵 / 白飯)**

House special with choice of (fried rice sticks / fried noodles / boiled rice) . £14.80

**三燒炒 (麵 / 河粉 / 米粉 / 烏冬) (豉油王底加 £0.50) (extra soya sauce £0.50)**

Three roasties with choice of (fried noodles /rice sticks /vermicelli / Udon) £15.50

**四川茄子排骨炆河粉**

Sichuan style braised spare ribs, aubergine with rice sticks..... £15.50

**三鮮湯麵**

Seafood with soup noodles..... £15.80

**蝦球湯麵**

King prawns with soup noodles..... £15.80

**香茅豬扒湯麵**

Lemon grass pork chops with soup noodles ..... £15.50

**水餃皇撈麵**

Supreme prawns and meat dumplings with noodles..... £16.00

**水餃皇湯麵**

Supreme prawns and meat dumplings with soup noodles ..... £15.80

**上湯雲吞麵**

Won-ton with soup noodles ..... £16.00

**三燒 (湯麵 / 白飯)**

Three roasties with choice of (soup noodles or boiled rice)..... £15.00

**二燒 (湯麵 / 白飯)**

Two roasties with choice of (soup noodles or boiled rice) ..... £14.00

**一燒 (湯麵 / 白飯)**

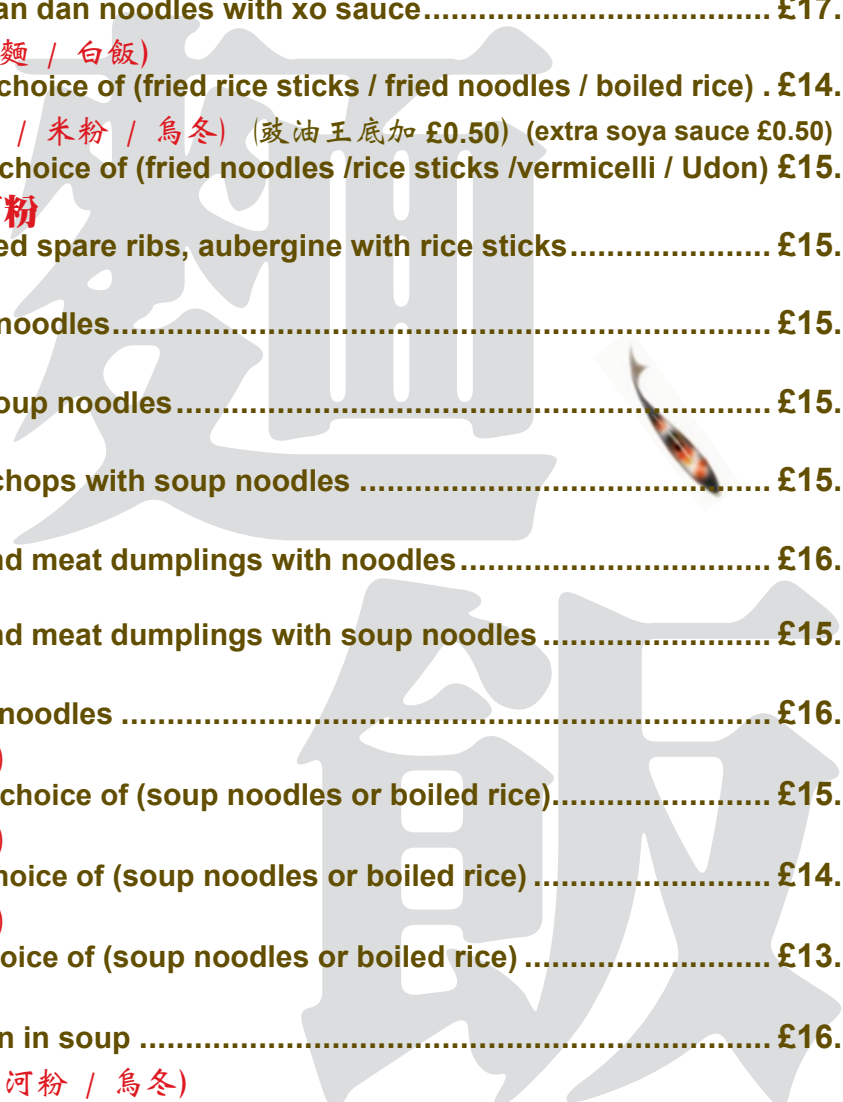
Single roast with choice of (soup noodles or boiled rice) ..... £13.00

**日式湯烏冬**

Japanese style udon in soup ..... £16.00

**吉列豬扒 (湯麵 / 河粉 / 烏冬)**

Pork chops with choice of (soup noodles / rice sticks / Udon)..... £15.50



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